



SPORTS INFORMATION GUIDE: COMPETITION VERSION 1.6

Swimming.

1.0 Competition Dates

Swimming competition for World Masters Games 2017 (WMG2017) offers each athlete the opportunity to compete in Pool and/or Open Water disciplines at the Games, as per the following dates;

	21/4 Fri	22/4 Sat	23/4 Sun	24/4 Mon	25/4 Tue	26/4 Wed	27/4 Thu	28/4 Fri	29/4 Sat	30/4 Sun
Pool	0930 - 1600	1000 - 1700	1000 - 1700	1000 - 1700	1200 - 1730	1000 - 1700	1000 - 1700			
Open Water										0800 - 1400

Please refer to the [Swimming Page](#) of the WMG2017 website for key documents such as Open Water Course Map and Event Guide.

1.1 Pool - Provisional Swimming Program

The following Provisional Swimming Program has been developed:

Date	Provisional events to be contested
Friday 21 April 2017	800m Freestyle
Saturday 22 April 2017	200m Individual Medley – includes Para-Sport
	100m Breaststroke – includes Para-Sport
	4 x 50m Mixed Medley Relay
Sunday 23 April 2017	400m Freestyle – includes Para-Sport
	100m Backstroke – includes Para-Sport
	50m Butterfly – includes Para-Sport
Monday 24 April 2017	200m Freestyle – includes Para-Sport
	50m Backstroke – includes Para-Sport
	4 x 50m Mixed Freestyle Relay
Tuesday 25 April 2017	200m Butterfly
	200m Backstroke
	150m Individual Medley – Para-Sport only
	400m Individual Medley
Wednesday 26 April 2017	100m Freestyle – includes Para-Sport
	50m Breaststroke – includes Para-Sport
	100m Butterfly – includes Para-Sport
	4 x 50m Medley Relay
Thursday 27 April 2017	200m Breaststroke
	50m Freestyle – includes Para-Sport
	4 x 50m Freestyle Relay
Sunday 30 April 2017	1.5km Open Water (Championship & Recreational)
	2.5km Open Water (Championship & Recreational)
	5.0km Open Water (Championship & Recreational)

Whilst every effort will be made to retain the Provisional Program, the Final Program will not be released until April 2017, following the close of individual registrations. Changes may result, pending final entries in each event and age category.

2.0 Venue Details

WMG2017 Swimming competition takes place across two competition venues, depending on the discipline:

Venue Name	AUT Millennium – Sir Owen G Glenn National Aquatic Centre
Discipline hosted	Pool Events
Venue Information	14 Antares Place, Rosedale, Auckland 0632; located just over 15km north of central Auckland.
Transport Information	As parking is very limited at the venue, WMG2017 strongly recommends the use of public transport. Please see the Transport Information Guide for more detailed transport information.

The indoor 50m competition pool was completed in 2015 and has played host to a range of regional and national swimming events.

Venue Name	Takapuna Beach
Discipline hosted	Open Water
Venue Information	The Strand, Takapuna, Auckland 0740; located approximately 9km north of central Auckland.
Transport Information	Due to limited parking, WMG2017 recommend considering alternative transport options or carpooling. However, if unavoidable limited on-street parking is available. Please see the Transport Information Guide for more detailed transport information.

A range of temporary infrastructure will be in place for the event. The venue will also play host to the Surf Life Saving competition and selected Canoe discipline events.

2.1 Venue Capacity - Pool

WMG2017 Accreditation is required in order to attend the Opening Ceremony, Closing Ceremony and participant only social nights. All sports will be open to the public to view, but at events where there is limited capacity, such as the Aquatic Centre at AUT Millennium, priority will be given to those that are accredited (as either athletes or supporters).

2.2 Live Streaming - Pool

All events for the Pool Swimming competition will be live streamed on the Swimming New Zealand YouTube Channel. A viewing area will be available at AUT Millennium where coaches/friends/family can watch this live stream (capacity permitting). Please head to the link below to access the Channel (Please note – Live stream will only become active during competition hours, and footage will stay on the Channel post-event).

<https://www.youtube.com/SwimmingNZ>

2.3 Amenities

Food & beverage options, toilets, showers and change facilities will be available at both venues. For the Open Water event, there will be an option to leave your belongings in an allocated area at Takapuna Reserve.

3.0 Competition Format

The WMG2017 Swimming competition consists of two disciplines – Pool and Open Water. All registered athletes in Swimming can compete in both disciplines.

The event will be conducted in line with the competition rules of the International Aquatics Federation (FINA) and International Paralympic Committee (IPC) Swimming, or as otherwise specified in this document.

In line with the sport specific rules, an athlete must compete in their designated age group, with their age determined as at 31 December 2017. For example, if you are 39 during Games time but have turned 40 by 31 December, you would compete in the 40-44 age category.

3.1 Event selection

Each athlete can enter up to five individual and four relay Pool events (in addition to entering an Open Water event). All Pool events will be conducted in a long course 50m competition venue. The following Pool events are offered:

Discipline	Event	Age Categories
Pool	50m, 100m, 200m Butterfly	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	50m, 100m, 200m Backstroke	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	50m, 100m, 200m Breaststroke	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	50m, 100m, 200m, 400m, 800m Freestyle	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	200m, 400m Individual Medley	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	4 x 50m Freestyle Relay	Men's / Women's: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+

Discipline	Event	Age Categories
Pool	4 x 50m Mixed Freestyle Relay	Mixed: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+
Pool	4 x 50m Medley Relay	Men's / Women's: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+
Pool	4 x 50m Mixed Medley Relay	Mixed: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+

3.2 Para-Sport

The following Para-Sport events are offered in the Pool discipline:

Discipline	Event	Age Categories
Para-Sport - Pool	50m, 100m Backstroke	Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+
Para-Sport - Pool	50m, 100m Breaststroke	Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+
Para-Sport - Pool	50m, 100m Butterfly	Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+
Para-Sport - Pool	50m, 100m, 200m, 400m Freestyle	Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+
Para-Sport - Pool	150m, 200m Individual Medley	Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+

To enter in a Para-Sport event at the Games, you must be able to meet minimum disability criteria. Please review the Para-Sport Classification requirements in the Para-Sports Information Guide and where an athlete has an existing recognised national or international classification, please indicate this as part of the registration process. If an athlete is not able to meet these requirements, registration will be transferred to the open section of the competition.

Each Para-Sport event will be offered in the International Paralympic Committee recognised classifications for Swimming. Heats are combined with applicable able-bodied events and run as timed finals, where swimmers will be seeded according to their submitted entry time. Lanes shall be assigned in descending order of submitted times within each heat. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category and classification in which they originally entered.

3.3 Relays

For a relay team to be confirmed, four athletes need to be registered in that team by April 10. After this date all relay teams with less than 4 members will be removed from the event. Once the final programme is released on April 14 there will be an opportunity for late relay team entries if there are empty lanes in any of the heats of your chosen relay event. Additional heats will not be added for late relay entries. Empty lanes will be allocated to Relay teams on a first come, first served basis. To complete this late entry, the

details of the four swimmers competing will need to be provided by emailing swimming@wmg2017.co.nz or in person to Pool Control prior to the end of competition on Saturday April 22. **Some relay ages may be combined within heats, please ensure you check at the competition venue for updated relay heat times.**

The combined age of the four athletes determines the age category in which the relay team will compete. In a Mixed Relay, each team must comprise two male and two female athletes. Mixed relays are permitted to be swum in any order. Relay teams may change their nominated order up to the end of competition on Saturday April 22. This will be done by completing a hard copy form available at Pool Control.

Please note, as per WMG2017 policy, athletes cannot compete in the same Relay event across multiple age categories (e.g. Men's 4x 50m Medley 160-199 & Men's 4x 50m Medley 200-239).

3.4 Competition seeding

All Swimming events will be conducted as straight timed finals.

The following seeding will be used for all Pool events, excluding the 400m and 800m events. The ten fastest swimmers in each age category, gender and event will swim in the same heat. All other swimmers will be rank seeded based on their entry time regardless of age. The awarding of medals will not be affected, that is, individuals will be awarded medals in the age category in which they originally entered.

The 400m and 800m events will be rank seeded by gender based on swimmers entry times regardless of age. Swimmers who do not provide an entry time by Friday 17 March will be seeded in the slowest heats.

3.5 Pool Starts

Starts in Pool events will be 'over the top' – athletes from the previous race will stay in the water until the next race has started (excluding 50m events, where swimmers will be asked to leave the pool immediately). The one start rule will apply for all events.

For all Pool events, withdrawals will be considered a DNS (Did Not Swim), and lanes will remain empty. No 'on the day' entries will be accepted if other athletes withdraw.

3.6 Open Water

The Open Water event will be conducted as an ocean swim off Takapuna Beach. Each athlete can enter up to two distances and one age category of the following Open Water events - either in a Championship (Non-Wetsuit) or Recreational (Wetsuit permitted) competition:

Discipline	Event	Age Categories
Open Water	Championship (Non-Wetsuit): 1.5km, 2.5km or 5.0km	Men's / Women's:

Discipline	Event	Age Categories
Open Water	Recreational (Wetsuit permitted): 1.5km, 2.5km or 5.0km	25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Athlete's intending on entering multiple Open Water events are advised to enter the 1.5km and 5km events as these starts are the furthest apart.

While no seeding will occur for the Open Water event, all athletes are still requested to provide a 'Best' time during the registration process. This will assist WMG2017 Swimming with scheduling of each age category and distance. Certain time restrictions may be put in place for the completion of each event, and an athlete may be withdrawn from the event for safety reasons if exceeding identified time limits or due to water conditions.

The Championship event will comply with FINA rules, whereas the Recreational event will permit athletes to wear a wetsuit whilst competing. Medals will be awarded in both events at the Games.

3.7 Water temperature regulations

The Open Water event will comply with FINA regulations regarding water temperature. If the Championship event is cancelled on the day due to water temperature, athletes will be permitted to transfer into the Recreational (wetsuit) category.

3.8 Timed Finals – Open Water

Open Water events will be held as a straight timed final. No heats will be held and age categories may be combined into the same race/wave.

3.9 Technical Delegate

The International Masters Games Association has endorsed the appointment of Lesley Huckins (NZL) to act in the role of Technical Delegate for the Pool Swimming competition, and John West (NZL) to act as the Technical Delegate for the Open Water event. The Technical Delegates will oversee the implementation of all sport specific rules and requirements at the Games.

4.0 Equipment

4.1 Timing chips – Open Water

Timing chips for the Open Water event can be collected from the Pool venue (AUT Millennium) on 26 and 27 April. Following this, collection will be available at Takapuna Beach Reserve on Saturday 29 April and on the morning of the event (Sunday 30 April).

Timing chips must be worn on the wrist, and are not permitted to be worn on ankles. **Athletes who lose or fail to return their timing chips will incur a NZD\$50 replacement fee.**

5.0 Clothing / Uniforms

5.1 Wetsuit, caps & goggles

All athletes competing in both Pool and/or Open Water Championship (Non-Wetsuit) events must comply with FINA regulations in relation to swim suit, caps and goggles. Each athlete is responsible for providing their own swim suit and equipment for warm-up, competition and training.

Those athletes choosing to compete in the Open Water Recreational (Wetsuit permitted) event, must provide their own wetsuit.

All athletes competing in an Open Water event are required to compete in a swim cap. This will be provided by the WMG2017 Swimming Organising Committee.

Open Water – Wetsuits

Wetsuits shall completely cover torso, back, shoulders and knees. They shall not extend beyond the neck, wrist and ankles. Wetsuits which fulfil this shape requirement can be accepted even if they do not bear a valid FINA label.

Open Water – Swim Suits

Swimsuits should fulfil the shape requirement - shall not cover the neck, nor extend past the shoulder, nor extend past the ankle. Swimsuits must be made from textile materials. No additional items shall be regarded as part of the swimsuit e.g. no zips/zippers are permitted.

6.0 Warm-up and Training

6.1 Warm up - Pool

The competition pool at AUT Millennium will be available for athlete warm-up for one hour prior to the commencement of each session, and will close 15 minutes before the start of the first scheduled race.

A separate warm up pool at AUT Millennium will be available to athletes throughout each competition day.

6.2 Athlete training - Pool

Athletes wishing to train prior to Friday 21 April, or during competition but outside of session hours are advised to book lane access directly via the AUT Millennium [website](#). Alternatively, athletes are advised to

contact one of the Auckland Council leisure facilities for training, via this [website](#) (note that Gold and Silver package holders have free access to these facilities as part of their registration).

7.0 Results

7.1 Results display

All results will be displayed at each venue via a noticeboard and online via the WMG2017 website.

7.2 Medal Ceremonies

Medal ceremonies for all age categories will follow each event.

Due to the timing of the WMG2017 Opening Ceremony and the first Pool session on Friday 21 April, there is the potential for some Men's 800m Ceremonies to be conducted on the following day of competition to allow all athletes to attend the Opening Ceremony.

7.3 Records

No sport specific records are kept from previous editions of the World Masters Games and there is no plan to capture new records as part of World Masters Games 2017. All World Masters Games 2017 competitions will be conducted in accordance with the relevant international sport rules (or identified variations).

8.0 Medical Services

8.1 First Aid

First aid officers will be available at each of the venues during Games time, and allocated treatment areas will be clearly identifiable.

NEW ZEALAND EMERGENCY NUMBER: 111

If you are not at a Games Venue and require emergency medical support, the number to call in New Zealand is 111.

8.2 Physiotherapy and Massage Therapy

AUT Millennium

At AUT Millennium, physiotherapy services will be provided by Healthzone. For more information and pre games bookings see: www.healthzone.org.nz. There are no onsite massage services at AUT Millennium, see below for more info on where to find a massage therapist.

Takapuna Beach

There are no onsite physiotherapy or massage services at Takapuna Beach, see below for more info on where to find a massage therapist.

8.3 Physiotherapy and Massage – Find a Clinic

For participants looking for treatments or medical services outside of their Games Venue or competition the following website links are for New Zealand Registered Practitioners. Using the links below participants can enter their current location or accommodation address and find clinics located nearby.

- **FIND SPORTS PHYSIOTHERAPISTS IN NEW ZEALAND:**
<http://physiotherapy.org.nz/about-physiotherapy/find-a-physio/>
- **FIND MASSAGE THERAPISTS IN NEW ZEALAND:**
<https://www.massagenewzealand.org.nz/>

9.0 Anti-Doping

Drug Free Sport New Zealand is the recognised National Anti-Doping Organisation (NADO) in New Zealand and will implement the WMG2017 anti-doping programme on behalf of the International Masters Games Association (IMGA). In accordance with the [Participation Terms and Conditions](#), all Participants are subject to the [IMGA Anti-Doping Rules](#). Participants should also be familiar with sport-specific anti-doping rules. For more information on anti-doping at WMG2017, click [here](#).

10.0 Registration / Check-in

10.1 Pool – Registration

For 50m events, athletes will need to marshal 6 heats prior to their scheduled heat. For 100m-400m events, athletes will need to marshal 4 heats prior to their scheduled heat. For 800m races, athletes will need to marshal 15 minute prior to their scheduled heat start time.

10.2 Open Water

Wave start times will be published in early April 2017, with athletes advised to arrive one hour prior to their wave start.

A safety briefing will occur 15 minutes before each event.

11.0 Insurance

It is the athlete's responsibility to secure private travel and medical insurance to cover any liabilities associated with their travel and accommodation in relation to attending or participating in their sport/event.

12.0 Further Information

All participants are encouraged to monitor the WMG2017 website at www.worldmastersgames2017.co.nz and other Games communication channels to find out all of the latest information.

11.1 Enquiries

General enquiries - contactus@wmg2017.co.nz

Swimming-related enquiries - Swimming@wmg2017.co.nz

11.2 Ceremonies and Social Events

The Opening Ceremony is scheduled for the evening of Friday 21 April 2017. Buses to the Opening Ceremony will depart from Platform 2 at Constellation Bus Station between 4:30 and 6:30pm. They will leave every 10 to 15 minutes and will take you all the way to Eden Park. The buses are free for all WMG2017 participants, just show the driver your accreditation.

The Closing Ceremony will be held on the evening of Sunday 30 April 2017.

11.3 Games Accreditation

Games Accreditation can be collected from the Accreditation Centre (Queens Wharf) from 16 – 30 April 2017.

Accreditation will be required to access the Opening Ceremony, participant-only social functions and the Pool deck at AUT Millennium. Any non-accredited individuals will be permitted in the upper seating deck only.

11.4 Important Documents

WMG2017 recommend that all athletes thoroughly read and print their Sports Information Guide, Transport Information Guide and any other relevant materials (ie. Course Maps), as these materials will not be available at the Competition Venue or Accreditation Centre.